

HOW TO STYLE BALLET HAIR

GISELLE BRAIDS:



Step 1: Part Hair in Center and tie into two smooth even Pony Tails and secure with hair bands.



Step 2: Pony Tails should be positioned behind the ears, level with the height of the ears. Shorter hair may require pony tails to be closer together.



Step 3: Braid each Pony Tail and secure ends with small clear hair bands.



Step 4: Wrap one braid across the back of the head and around the base of the opposite pony tail – laying flat and pinning in place as you go.



Step 5: Repeat with the other side.
Note: Do Not criss-cross the braids – they should wrap tightly around each other and lay flat and taught against the head.



Step 6: Pin securely in place with additional hair pins. Cover braids with hair net and secure with more pins. Spray with additional hairspray. Finished hair should have no wispsies at all.

SINGLE & DOUBLE BALLETS BUNS:

The YouTube tutorial (*PHCB Bun Demo*) listed below shows how to style dancers hair into either a Single Ballet Bun, or Double Ballet Buns.

https://www.youtube.com/watch?v=dmmoUqJo9_U&list=UU8vZF_rcORhWLHr_W4T15gw

HELPFUL HAIR HINTS

- Wet hair is easier to work with than dry hair
 - Apply liberal amounts of hair gel and/or hairspray to keep wispsies in place
 - Pay special attention to wispsies at the nape of the neck and around the ears
- Once hair is pinned in place – jump to test how secure. You can feel areas that need additional pinning
 - Use Hair Bands/Nets to match Hair Color
 - Hair Nets and Hair Pins can be re-used
 - Practice – it gets easier each time you do it